

Interested in joining the S.A.M.S ministry?  
We'd love to have you! The steps to join the  
ministry are easy:

- Please be sure you are a registered parishioner of St. Andrew the Apostle
- Contact one of the Ministry Co-Chairs (Amy or Julie) to receive information about S.A.M.S
- Please attend at least one S.A.M.S calendar activity so you have a better idea if the ministry is a good fit for your current interests, needs and schedule

Once the above steps have been completed, just contact Amy or Julie to let us know you would indeed like to join. During this conversation, we'll make sure we have all necessary information for the S.A.M.S member list. You will then begin to receive all pertinent S.A.M.S information by US mail and/or email.

## St. Andrew's Moms (S.A.M.S)



The mission of the St. Andrew's Moms (S.A.M.S) Ministry is to support mothers and their children through friendship, faith sharing, and service.

**The goals of the St. Andrew's Moms (S.A.M.S) ministry are threefold:**

- To create an atmosphere of community that allows each member to feel comfortable and valued in the ministry;
- To create opportunities for faith sharing and spiritual growth among our membership; and
- To nurture and support our membership so that we are better able to serve our families, the parish and the community.

**Monthly Meeting** Meet once a month to plan and volunteer for events, discuss the business of S.A.M.S, and listen to a variety of speakers. Free childcare is available in the church nursery.



**Weekly playgroups** Come to a local park, the church, indoor play place, mall, or a S.A.M.S member home for a fun playtime!

**Mom's Night Out** Enjoy special nights when we moms take a few hours for ourselves for an evening of fun and relaxation...and adult conversation!



Find S.A.M.S (and our calendar of events) on the web at [www.standrew-cfc.org](http://www.standrew-cfc.org)

**Ministry of Mothers Sharing**

**(M.O.M.S.)** Join other moms parish-wide in an 8-week session of personal reflection and spiritual growth.



**Book Club** Catch up on what other adults are reading, and enjoy a night out with other S.A.M.S moms for dessert/coffee and discussion.

**S.A.M.S Outreach** Develop new friendships while helping out other S.A.M.S moms in need within the group.



**Other Good Stuff**

- Opportunities to donate your time and talents to charitable works
- Opportunities to help plan the S.A.M.S calendar of events
- Special new member events twice a year
- Holiday parties and family events
- Annual retreat and other spiritually enriching activities

For more information, contact Amy Ortiz at 855-4443 or Julie Schlarman at 855-3699, S.A.M.S Ministry Co-Chairs